

DISC behavior styles: facilitating communication between health care providers

1) Introduction

Thank you for your interest in our workshop. Our video is geared towards learners who are interested in leading their own DISC activities. We provide several opportunities for viewers to pause the video to write down responses and practice the skills we demonstrate.

2) DISC assessments

- The first part of the DISC card game is an 'on the spot' DISC assessment. We have included a template to show how facilitators can print their own cards on cardstock if conducting an in-person activity. Use the vocabulary words listed in the presentation to print on the cards.
- Learners can also take an online assessment. A free version is available at <https://www.123test.com/disc-personality-test/>. More in-depth paid assessments are also available online.

3) Handouts

In addition to slides, we have also included 2 handouts we encourage using during DISC speed communication activities. Feel free to create your own scenarios for practice specific to your team.

4) Contact Info

Please reach out if you have any questions!

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