

WELCOME

Mary E. Holtschneider, MEd, RN, NPD-BC
Co-Director, Interprofessional Advanced
Fellowship in Clinical Simulation
Durham, North Carolina Veterans Affairs Health
Care System
Nursing Program Manager, Duke Area Health
Education Center

Chan W. Park, MD, FAAEM
Co-Director, Interprofessional Advanced
Fellowship in Clinical Simulation
Durham, North Carolina Veterans Affairs Health
Care System
Adjunct Faculty, Duke University

SIMUL'ATION: BRINGING LEARNING TO LIFE # I M S H 2 0 2

No Disclosures





Learning Objectives

- 1. Identify untapped opportunities to increase interprofessional collaboration in the planning and implementation of hospital-based simulation education
- 2. Explore ways to enhance inclusivity and diverse viewpoints in interprofessional simulation activities
- 3. Discuss new strategies that can be **practically applied** to current simulation offerings

Pre-COVID Perspective (Interprofessional INTERACTIVE training)

Ultimate Goal (Patient Care)

IPEC Core Competency

Competency 1

Work with individuals of other professions to maintain a climate of mutual respect and shared values. (Values/Ethics for Interprofessional Practice)

Competency 2

Use the knowledge of one's own role and those of other professions to appropriately assess and address the health care needs **of patients** and **to promote and advance the health of populations**. (Roles/Responsibilities)

Competency 3

Communicate with patients, families, communities, and professionals in health and other fields in a responsive and responsible manner that supports a team approach to the promotion and maintenance of health and the prevention and treatment of disease. (Interprofessional Communication)

Competency 4

Apply relationship-building values and the principles of team dynamics to perform effectively in different team roles to **plan**, **deliver**, **and evaluate** patient/population-

Our Journey Today Will Look At.....

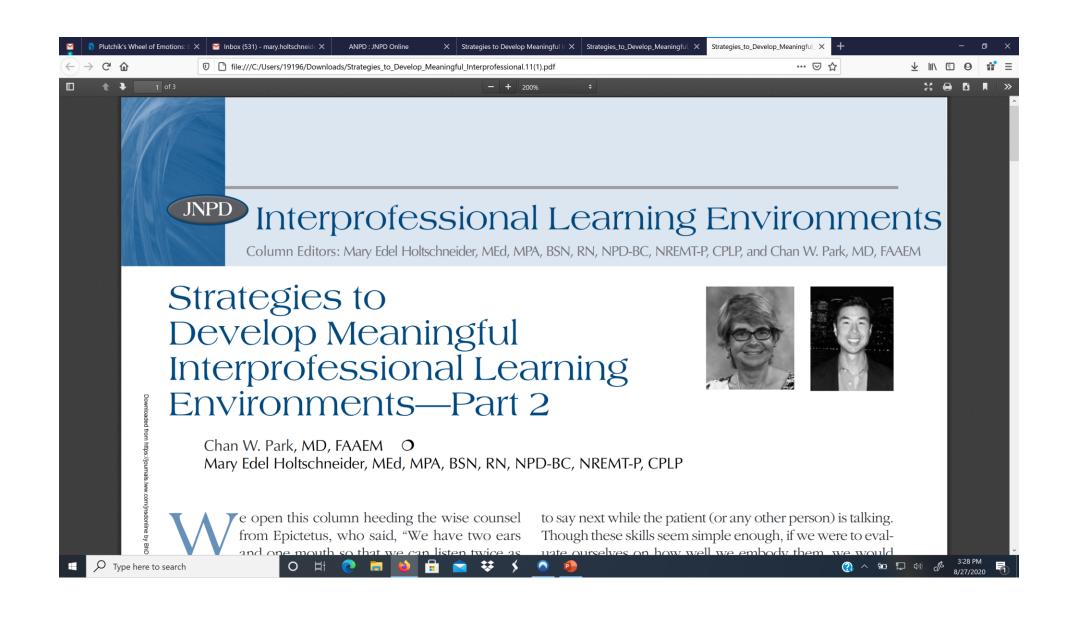
Untapped opportunities to enhance the Interprofessional Learning Environment and foster diversity and inclusivity

Unique challenges with COVID-19 in the Interprofessional Learning Environment

Definition of Mindfulness and Resilience

Ways to incorporate mindfulness strategies for the workplace using virtual reality





Five Strategies

Be curious and inquisitive about different professions

Strive for inclusivity in interprofessional continuing education

Mindfully focus on your intent before the content

Talk less, listen more

Add a business mindset to the educational arena

Key Strategies

Be curious and inquisitive about different professions

Scope of Practice
Regulatory Issues
Current Challenges and Opportunities
Myth Busting

Key Strategies

Talk less, listen more

Powerful questioning
Evoke discovery, insight, commitment, or action
Embody courage rather than apprehension

Key Strategies

Mindfully focus on your intent before the content

To avoid perception of afterthought, offer real life value to all

Seek the right mix of participants

More is not always better

Key Strategies

Strive for inclusivity in interprofessional continuing education

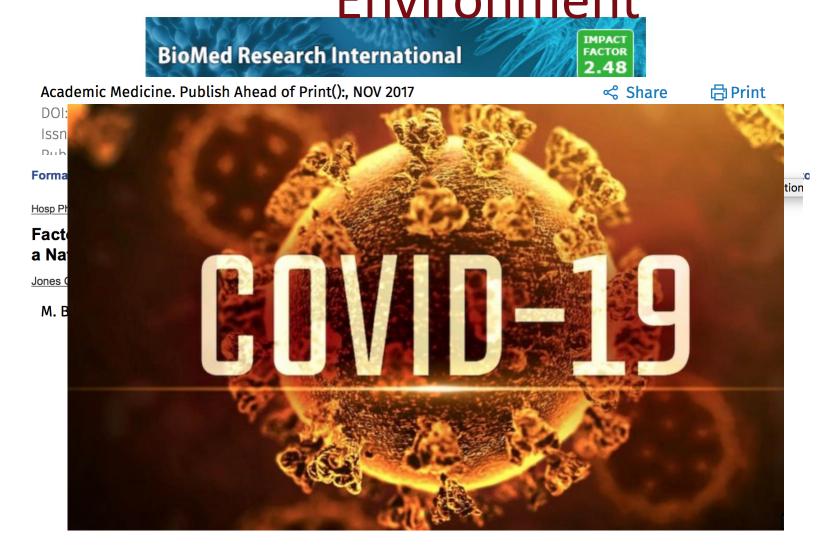
Continuing Education Relevance
Moving Beyond Silos
Refrain from "afterthought"

Key Strategies

Add a business mindset to the educational arena

Approach educational endeavors with a business mindset Pinpoint the value to the institution

State of the Interprofessional Learning Environment



What Is New Now?

Lack of trust

Lack of information/clarity

Lack of control



Effect of COVID-19



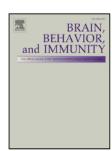
Brain, Behavior, and Immunity 87 (2020) 126-127



Contents lists available at ScienceDirect

Brain, Behavior, and Immunity

journal homepage: www.elsevier.com/locate/ybrbi



The COVID-19 outbreak and Google searches: Is it really the time to worry about global mental health?

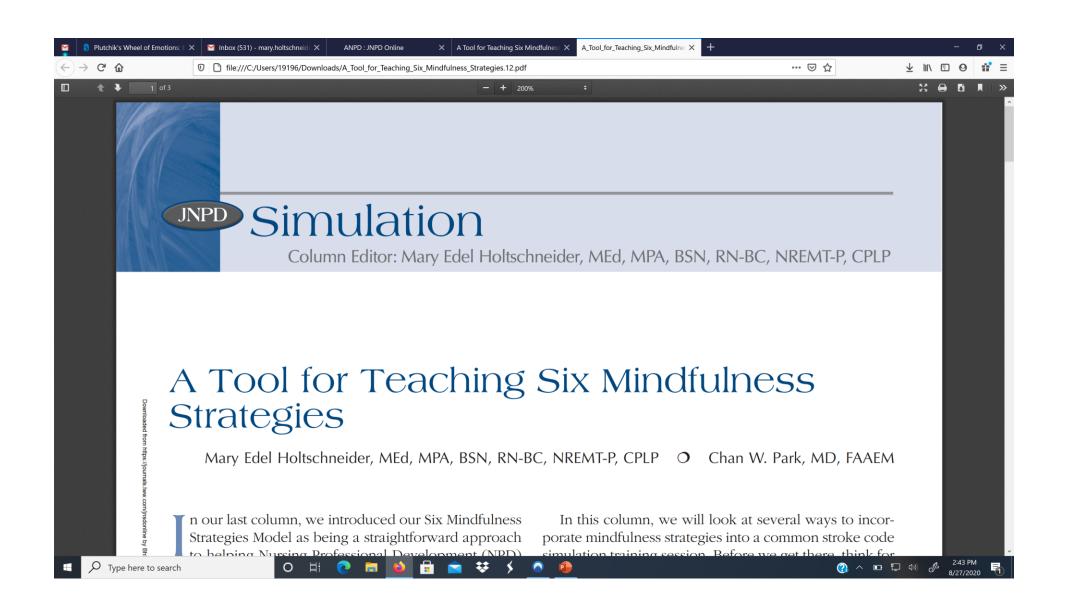


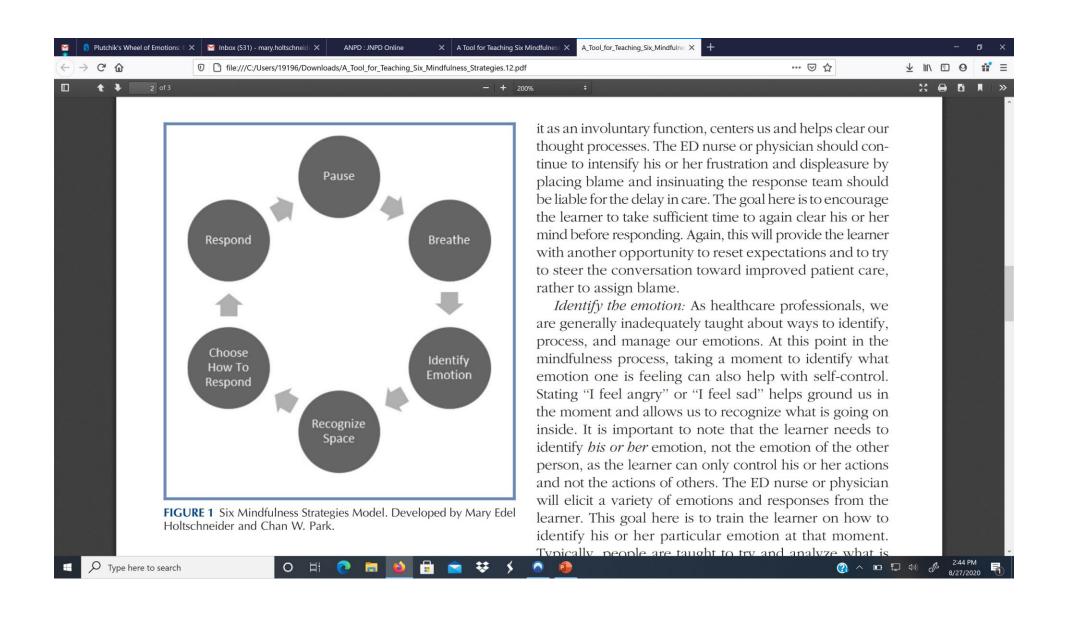
Mindfulness is the <u>self-regulation</u> of attention with an attitude of <u>curiosity</u>, <u>openness</u>, and acceptance

Resilience

... that <u>ineffable quality (capacity)</u> that allows some people to be knocked down by life and come back stronger than ever.

Barry Kibrick





Our Approach: Six Mindful Strategies

Pause – six seconds

Breathe

Identify the emotion

Recognize the opportunity between stimulus and response

Choose how to respond

Respond

Our Approach: Six Mindful Strategies

Virtual Reality Applications

Future of Interprofessional Learning Environments

