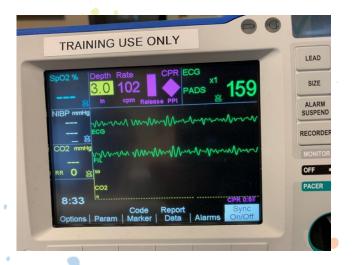
# CPR Feedback You Better Know Your Coach

Jutta Novalija, MD, PhD, CHSE

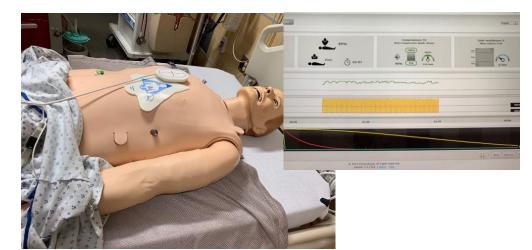
Medical Director of Clement J Zablock VA Simulation Center Milwaukee, WI

Tina Smith, MS, BSN, NPD-BC, CHSE Jean Borck, MSN, BSN Michelle Matheny, MSN, BSN, CHSE



External accelerometer measurement Real CPR Help, ZOLL® R series® defibrillator

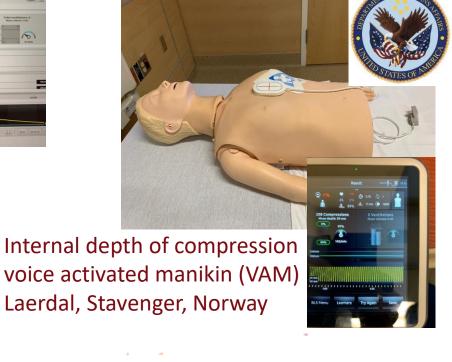




Internal depth of compression QCPR, SimMan 3G, Laerdal, Stavanger, Norway



Methods

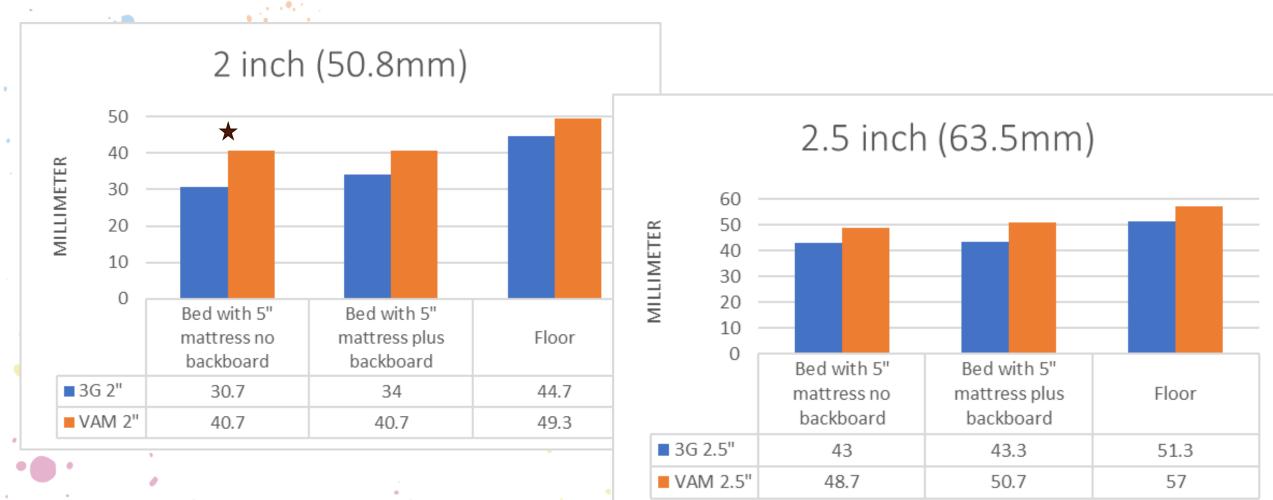


\*Automatic CPR device LUCAS®2 Physio Control, Redmont, WA



### Comparison of measured depth of compression on 5inch mattress +/- backboard and floor with human compressor

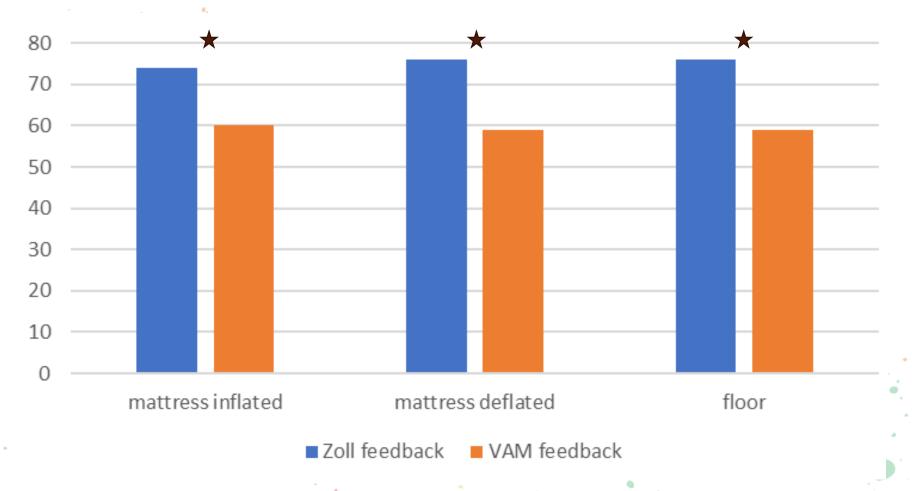




## External and internal feedback with automatic CPR device



Comparison of measured depth of compression on 5inch mattress +/- inflation and floor with automated compressor.



#### **Conclusions**

- Methods used to measure the quality of compressions can give significantly variable feedback
- Limitations of the various methods to quantify need to be understood
- This might lead to overestimating the quality of compressions in certain clinical environments. In the worst case, this can give a false sense of accuracy and lead to reduced quality of care
- When giving feedback to learners about quality of CPR, it is important to be mindful of the data source and mechanism to quantify information



#### References

- 1. Meaney PA, Bobrow BJ, Mancini ME, et al Improving CPR Quality. Circulation 2013, 23:417-434
- 2. Smereka J, Szarpak L et al The TrueCPR device in the process of teaching cardiopulmonary resuscitation 2019, 98(27): e15995
- 3. Beesems SG, Koster RW Accurate feedback of chest compression depth on a manikin on a soft surface with correction for to total body displacement Resuscitation 2014, 85(11):1439–1443

# I M S H 2 0 2 1 surface with corre S I M U L'ATION:
BRINGING LEARNING TO LIFE

